

# SEPTEMBER 2026

## Our Lady of Sorrows

[www.sylviebrule.com](http://www.sylviebrule.com)



*Our Lady of Sorrows, Mother of compassion, I consecrate myself entirely to you.*

*Be near me in suffering and lead me always to Jesus.*

*By the seven sorrows that pierced your heart, obtain patience, courage, and perseverance.*

*Teach me to remain faithful at the foot of the Cross, with a humble and loving heart.*

*Be my refuge in trial and help me unite my sufferings to those of your Son.*

*Intercede for me, my family, and all who suffer.*

*Amen.*

## Our Lady of Sorrows

September invites us to contemplate Our Lady of Sorrows, the Mother whose heart remained united to Jesus through every sorrow. In the seven sorrows that pierced her heart, Mary teaches compassionate faith, steadfast hope, and loving presence at the foot of the Cross. When our own suffering feels heavy, she draws near, intercedes for us, and leads us to the consolation of Christ.

In her sorrow, Mary shows us how to remain close to God with courage and tenderness. May her compassionate presence strengthen all who carry burdens and inspire us to bring comfort to others. Through her loving intercession, may we discover renewed hope in the saving love of Christ.

The devotion to Our Lady of Sorrows springs from Scripture and the Church's contemplation of Mary beside her suffering Son. From Simeon's prophecy to Calvary, she received each sorrow with courageous love. In September, especially on her feast day on September 15, 2026, we ask her to accompany the suffering, comfort the brokenhearted, and lead every soul to Jesus. May this month be filled with prayer, compassion, and trust in God.



**Spiritual Reflections & Bible Verses**



**Events & Inspirational Corner**

**Inside:**



# Spiritual Reflections for September 2026

***“And a sword will pierce your own soul too.” — Luke 2:35***

**This Month’s Reflection: Mary, Mother of Sorrows**

**Our Lady of Sorrows shows us a heart made strong by love. At the prophecy of Simeon, in the flight into Egypt, and at the foot of the Cross, Mary received suffering without abandoning trust in God. Her seven sorrows reveal not defeat, but a faithful love united to the saving mission of Jesus.**

**Mary treasured each mystery in her heart. She teaches us to bring anxiety, grief, and uncertainty to prayer, remaining close to Christ when answers are not yet clear. Her compassion is not distant: she stands beside us and carries our needs to her Son.**

**This September, let us learn from Mary’s faithful presence. In silence, in the Rosary, and in works of mercy, may we accompany those who suffer and discover the consolation Jesus gives through his Mother.**

**Through the Rosary, especially the Sorrowful Mysteries, we place our own burdens beside Mary’s faithful heart. Her example helps us to pray with honesty, to persevere when the way is difficult, and to trust that God’s love is present even in seasons of darkness. No sorrow is invisible to the Mother who stood beneath the Cross.**

**May Our Lady of Sorrows guide our parish community toward deeper mercy and solidarity. May she teach us to serve with humility, comfort those who mourn, and proclaim the hope that flows from the Passion and Resurrection of Christ. Under her loving care, may every suffering heart find courage to remain close to Jesus.**

**Our Lady of Sorrows, pray for us and lead us to Jesus.**



## Saint of the Month

*Saint Alphonsus Maria de Liguori, whose preaching nurtured love for the Sorrowful Mother, invited the faithful to contemplate Mary’s compassion at Calvary.*

*His reflections remind us that Mary’s sorrows unite her intimately to the Passion of Jesus and awaken in us a deeper gratitude for his saving love.*

*This month, let us follow her example through the Rosary, patient service, and prayer with those who carry heavy burdens.*

*When sorrow comes, we can entrust ourselves to Mary, knowing that she understands the human heart and intercedes with tenderness.*

*Through her, may we draw ever closer to Christ.*



## SCRIPTURE



## Featured Bible Verse

*"so that the thoughts of many hearts will be revealed. And a sword will pierce your own soul too."*

— Luke 2:35

Simeon's prophecy reveals Mary's participation in the mystery of redemption. Her heart was not spared from suffering; it was pierced because her love for Jesus was so complete. At Calvary, she remained faithful when many fled, teaching us the courage of a quiet, enduring faith.

The seven sorrows of Mary give language to our own grief. She understands the pain of families, the lonely, the sick, and all who feel forgotten. When we unite our suffering with hers and with the Passion of Christ, sorrow can become an offering of love.

Our Lady of Sorrows does not leave us alone. She stands beside us, consoles us, and leads us toward the hope of the Resurrection.

## INSPIRATION



## Inspirational Corner

In the Rosary, we contemplate the mysteries of Christ with Mary's faithful heart. We learn to remain near Jesus in suffering and to recognize his mercy.

Meditating on Mary's seven sorrows forms us in compassion: to listen patiently, serve generously, and accompany those who grieve. Her presence at the Cross becomes a school of steadfast love.

This September, let us turn to Our Lady of Sorrows with renewed trust. May she obtain healing for the wounded, courage for the weary, and a deeper love for Jesus in every trial.

May our prayer become consolation for others, so that through Mary's intercession many may discover the peace of Christ.

May Mary, Mother of Sorrows, teach us to carry one another's burdens with patience and love. As we accompany those who suffer, may our lives reflect her faithful presence and point always toward the mercy and hope of Christ.

Amen.

## The Hope Born of Sorrow

### Prayer Intention of the Month

This month, we pray through Our Lady of Sorrows for all who suffer.

We remember those who mourn, those facing illness, and families carrying hidden burdens. May Mary's compassionate presence bring comfort, and may her intercession lead every heart to Jesus.

We pray that our homes and parish community may become places of mercy, faithful presence, and hope for all who need consolation.

When we bring our sorrows to Mary, we are reminded that God never abandons us in our suffering. May Our Lady of Sorrows teach us to trust more deeply, to offer compassionate support to those in need, and to await with hope the new life promised through Christ.



# Upcoming September Learning Events

Join me for two special evenings this September!

## Who is God?

**Thursday, September 17, 2026**  
**7:00 PM EST**

## What are the Sacraments

**Thursday, September 24, 2026**  
**7:00 PM EST**

Whether you are new to the faith or seeking deeper consolation, these sessions are for everyone. Come with an open heart and discover how Mary accompanies us to Jesus.

**RSVP: [healingray@yahoo.com](mailto:healingray@yahoo.com) | Free of charge | Zoom link sent upon registration.**

### A Prayer to Our Lady of Sorrows

O Our Lady of Sorrows, Mother of compassion, stay near us in every trial.

Teach us to ponder the seven sorrows that united your heart to the Passion of Jesus, and to remain faithful at the foot of the Cross.

Comfort all who grieve, strengthen the sick, and bring hope to those who feel alone. Obtain for us the grace to unite our suffering with Christ and to serve him with loving hearts.

Mother of Sorrows, intercede for us and lead us always to your Son.

Mary, you who stood with unwavering faith beneath the Cross, teach us to trust God when answers seem distant and the road feels difficult. Help us to remain present to those who suffer, offering patience, tenderness, and prayer.

Through your maternal intercession, bring consolation to families who are grieving, courage to those facing illness, and peace to every heart burdened by fear or loneliness. May your example lead us to serve one another with mercy.

Our Lady of Sorrows, walk with us each day and draw us ever closer to Jesus. May our trials deepen our faith, our compassion, and our hope in the promise of the Resurrection.

Amen.

## Important Dates

There is something beautiful about pausing to honor the sacred moments woven throughout the year, especially the feast of Our Lady of Sorrows.



### September

Sept 8 - Nativity of the Blessed Virgin Mary  
Sept 12 - Holy Name of Mary  
Sept 15 - Our Lady of Sorrows  
Sept 21 - St. Matthew, Apostle and Evangelist  
Sept 29 - Feast of the Archangels Michael, Gabriel, and Raphael  
Sept 30 - St. Jerome (memorial)

### October

Oct 7 - Our Lady of the Rosary  
Oct 11 - Divine Motherhood of Mary  
Oct 13 - Anniversary of Fatima

### November

Nov 1 - All Saints Day  
Nov 2 - All Souls Day  
Nov 21 - Presentation of Mary

### December

Dec 8 - Immaculate Conception  
Dec 12 - Our Lady of Guadalupe  
Dec 25 - Christmas Day



# Inspirational Corner

## Walking with Our Lady of Sorrows

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### The Seven Sorrows of Mary

#### 1. The Prophecy of Simeon

At the Presentation of Jesus in the Temple, Simeon foretold that a sword of sorrow would pierce Mary's soul. She accepted this prophecy with humble faith and trusted God's plan.

#### 2. The Flight into Egypt

To protect the infant Jesus from Herod's violence, Mary and Joseph fled into Egypt. Their journey reminds us of the pain of displacement and Mary's loving protection of her Son.

#### 3. The Loss of Jesus in the Temple

When Jesus was twelve, Mary and Joseph searched for Him for three days before finding Him in the Temple. Her anguish reflects the sorrow of parents who fear they have lost someone they love.

#### 4. Mary Meets Jesus on the Way to Calvary

Mary encountered Jesus as He carried His Cross. Though she could not remove His suffering, her loving presence gave Him comfort and shared in His burden.

#### 5. Mary Stands Beneath the Cross

At Calvary, Mary remained faithfully beside Jesus through His Passion and death. Her courage teaches us to remain near those who suffer, even when we cannot change their circumstances.

#### 6. Mary Receives the Body of Jesus

After Jesus died, His body was placed in Mary's arms. In this profound sorrow, she entrusted her grief to God and held fast to hope.

#### 7. The Burial of Jesus

Mary accompanied Jesus to the tomb and experienced the silence of separation. Her faith points beyond the darkness of the grave toward the promise of the Resurrection.

*"Our Lady of Sorrows, pray for us and lead us closer to the compassionate heart of Jesus."*

Sylvie Brûlé